Healthy Start with scGOS and IcFOS (9:1) Combination



Breastmilk contains over 1000 distinct HMOs, out of which 162 specific structures are identified, all contributing beneficial effects to infants.1

Molecular size distribution of short-chain and long-chain HMOs in breastmilk is in ratio of 9:1.1



Breastmilk contains a blend of lowand high-molecular-weight oligosaccharides with a degree of polymerization reaching up to 20.2

Prebiotic scGOS/lcFOS (9:1) combi-

high-molecular-weight oligosaccha-

ride structures, with a DP extending

nation comprises both low- and

up to 35.2 After 50 years of breastmilk research, a prebiotic mixture of scGOS/lcFOS (9:1) was introduced in 2002 to mimic the quantity, diversity,

and functionality of HMOs in breastmilk.

scGOS/lcFOS (9:1) mixture mimics more than 100 different short- and long-chain HMO structures, bringing it closer to breastmilk.²



Mechanism of action of scGOS/IcFOS³



Prebiotic oligosaccharide mixture (scGOS/lcFOS) passes through stomach and large intestine undigested

prebiotic oligosaccharide mixture into short-chain fatty acids













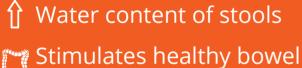


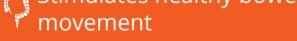














Prevents pathogen attachment to intestinal lining

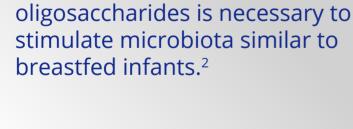


Reduces the risk of respiratory and gastrointestinal infection



Clinical benefits of using scGOS/IcFOS (9:1) combination





Combination of scGOS/lcFOS in the ratio of 9:1 increases the count of

Bifidobacterium and Lactobacillus in the gut, maintains gut barrier integrity, modulates immunity, and inhibits adherence of pathogens to the gut.



In healthy term infants, scGOS/lcFOS in 9:1 ratio -Increased counts of bifidobacteria, bringing it closer to breastfed



infants.4 Reduced the incidence of upper respiratory tract infections by 48.6%



and gastrointestinal infections by 36%.5 Stimulated the growth of Bifidobacteria and Lactobacilli and resulted



in softer stools in 28 days.6

- **E** Key takeaways
 - structural diversity of >100 HMOs, bringing it closer to breastmilk. scGOS/lcFOS combination promotes beneficial gut
 - microbiota growth, softens stools within 28 days, and reduces upper respiratory and gastrointestinal infections by 48.6% and 36%, respectively.

DP: Degree of polymerization, IcFOS: Long-chain fructooligosaccharides; SCFAs: Short-chain fatty acids; scGOS: Short-chain galactoologosaccharides

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6. Moro GE et al, Acta Paediatr 2003;91(441):77-9